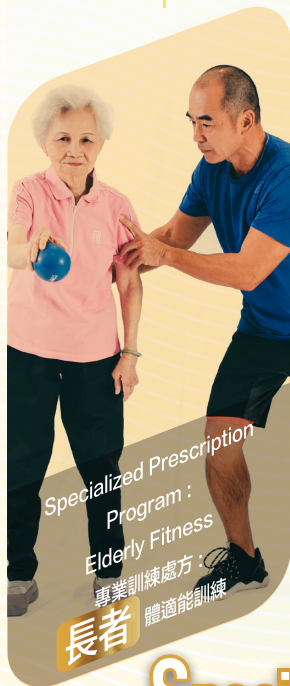


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ASIAN  
ACADEMY FOR  
SPORTS &  
FITNESS  
PROFESSIONALS  
亞洲運動及體適能專業學院



Specialized Prescription  
Program :  
Elderly Fitness  
專業訓練處方:  
長者 體適能訓練



Specialized Prescription  
Program : Fitness Training  
for Chronic Illness Clients  
專業訓練處方:  
慢性病患者 訓練



Plan & Deliver Exercise for  
Children and Adolescents  
兒童及青少年 體適能  
教練課程 / 兒童運動及體適能教  
練證書課程



Specialized Prescription  
Program :  
Pre & Post-Natal Fitness  
專業訓練處方:  
產前產後 體適能訓練

# Special Population Fitness Consultant Accreditation

## 專項需要人士體適能顧問認證計劃

Students will be awarded Special Population Fitness Consultant (SPFC) Certificate through this accreditation. To be our SPFC, Students are required to obtain the following 4 certificates and complete the accreditation exam .



### HK\$ 1350

AASFP Member : HK\$ 1250

\*(Included Certificate / Revision notes)



Certificate Validation:  
**Permanent**

## Exam details

- Preparation : 1.5 months
- Duration : 1.5 hrs
- Format : 60 MC Questions  
(Open Book, Bi-lingual)



**2578 9877**



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