



**LOVE  
PILATES  
BECOME  
A BASI  
TEACHER!**

## BASI PILATES TEACHER TRAINING PROGRAM

**HONG KONG, CHINA**

**PRESENTER:  
MICHELLE LAM**

BASI Pilates provides a thorough education in Pilates through our Teacher Education Programs. Whether you are looking to gain knowledge in Pilates or become a fully credentialed teacher, there is a BASI Pilates program for you.

### YOU WILL LEARN

- The extensive classical and contemporary repertoire
- The full complement of Pilates apparatus
- The trailblazing F2 System®
- BASI's universal teaching methodology; the BASI Block System™

### PROGRAM DETAILS

**COMPREHENSIVE GLOBAL  
PROGRAM**

**\$ 5850 USD**

**Module 1-4** August 03-06, 2023

**Module 5-8** August 31, Sept. 01-03, 2023

**Module 9-12** October 05-08, 2023

The Comprehensive Program includes the mat program as well as a thorough and complete education in Pilates covering the full range of Pilates equipment.



**▶ REGISTER NOW**  
**BASIPILATES.COM**

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