



ASIAN
ACADEMY FOR
SPORTS &
FITNESS
PROFESSIONALS
亞洲運動及體適能專業學院

bootybarre®



2 Days Courses
26-27 Mar, 2019

bootybarre Primary Training



Intro of Tracey Mallett :

Tracey Mallett is an International Fitness and Wellness Expert, dancer, choreographer and Master Pilates Instructor who is teaching around the world. Mallett owns her own fitness and Pilates studio in Los Angeles, and is currently certifying trainers worldwide in "The Booty Barre" technique. She's also a certified personal trainer and a group fitness instructor through the Aerobics and Fitness Association of American (AFAA), as well as a Certified Sports Nutritionist with the National Association of Sports Nutrition (NASN), a BASI Certified Pilates Instructor, Pilates Method Alliance and a Level 1 Gyrotonic Instructor.



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Tracey Mallett



Fees : Member Price: **HK\$5,800** Regular Price : **HK\$5,900**

Preferential Policy:

Early Bird Discount: Enjoy HK\$200 discount before 21 FEB, 2019



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